



Do You Want To Be A Coach?

Do you really have a clear understanding of the game? What does go on behind the scenes at your club, be it a pro club or the local youth side, in regards to technical skills? To have a team under your tutelage, that is coached the right way will, in time, improve their technical skills. This in turn, will make the team work more as a unit, enhance their skills as players and have a comprehensive and concise idea what is expected from the coach. Are you qualified to coach?

In early December last year, I took my FA Level 1 Certificate in Coaching Football and I'm pleased, and somewhat relieved, so say that I passed! I've always wanted to coach the right way but was not qualified to do so. I took my Level 1 at Millwall Football Club's excellent training centre next to The Den and I really enjoyed it. This gave me the appetite to progress to the next Level. Two of my mates, Gary Jackson and George Davis, that I regularly train with, told me about a Level 2 coaching course that is held in Havering. I made a few enquires and put my name on the waiting list. I got a call a few weeks later to attend a 'bridging day'. The 'bridging day' was to ascertain whether I really had the appetite to go through with the course and, more importantly, gave the FA Coach, in this case Matt Tallon and Dawn Young, the Curriculum and Strategy Manager at Havering Adult College, a chance to judge whether they thought I would be up for the task in hand. I got accepted and on 17th February, I packed my kit bag and headed off to begin my first tentative steps in becoming qualified at Level 2. While there, I asked Dawn for more information on the next course so that I could relay this information to you.



So far there has already been a large interest in the course with approximately 85% of those taking part in the courses coming from Havering residents.

Andrew Morgan, a Chelsea Football Club Coach who will be running some of the sessions alongside Matt Tallon said:

"This is a great opportunity for adults to up-skill their qualifications and benefit from mentorship and coaching tips from top coaches. We will also be looking to identify coaches we can use at Chelsea Football Club on a part-time or full-time basis."

"Both mums and dads are welcome and there will be a Family Fun Day to celebrate participants' achievements early in the summer at Chelsea's training ground, which will include a taster training session for children."

Havering Council Leader Michael White said;

"This program is for all local Mums and Dads who want to get more active and involved in football. We are pleased to be working in partnership with Chelsea FC and I wish the participants all the very best success"

The intake for courses is throughout the year with the next courses starting in May and June.

For more details please contact Family Learning on 01708 386761 or email familylearning@haverling.gov.uk.

I know these courses are in high demand and a waiting list in place, so what are you waiting for? You always said to yourself that you wanted to be a coach, well now's the chance! The longer you leave it, the further you'll be on the waiting list.

If you have any football related stories, drop me a line at rwhall@russthehammer.fsnet.co.uk or while I'm out on the road, my black TXII reg is J111RUS

College calls on you to get active with Chelsea FC

Dawn explained that this is a free course run by Havering Adult College and Chelsea Football Club and is helping mums and dads to become more active through football coaching.

The coaching courses are a mix of theory, physical exercises, first aid and practical coaching techniques and are aimed at encouraging local people to gain new skills and improve their confidence.

The coaching sessions take place one day a week at Bower Park School in the evenings and are funded by the Learning and Skills Council and students can finish with Level 1 or level 2 qualification.

